

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include yourself, please get in touch now, with name and date of birth.

Happy Birthday Blessings to :

Shirley Jones: she celebrates 86 years on 1 March !

Frances Iliff: she celebrates 81 years on 15 March !

Menna Screech : she celebrates 89 years on 24 March !

Mary Halford : she celebrates 83 years on 31 March!

What do we show on this month's cover? This window is not beautiful, like our other Church windows, but it is probably of even greater historical interest. Behind the main door, up on the West Wall there is a small splayed opening to a vertical slit window, plain glass protected by a fine metal lattice, as shown on the left of the cover. Externally there is a steep slope running up to the west Roman Wall, so the splayed opening is at ground level, as shown on the right.

This is a squint, or lepers' window. They were a feature of medieval churches from the 12th to 14th centuries. Leprosy is an ancient disease, spread through droplets from the nose and mouth during close or frequent contact, but treatments for the disease remained as ineffective in the middle ages as they had been since ancient times. Leprosy was first reported in Britain in the 4th century and by 1050 was commonplace. In its extreme form it could cause loss of fingers and toes, gangrene, blindness, collapse of the nose, ulcerations, lesions and weakening of the skeletal frame, and was horrifically disfiguring. As death was not immediate, sufferers' lives were spent shunned by society. Some believed that their physical deformities were a punishment for spiritual transgression. They were made to wear distinctive marked clothing, or to ring bells which warned of their approach. Due to the influence of the Bible everyone was terrified of the condition. All victims had to cover their faces and call out 'Unclean!', whenever a healthy person approached. For this reason, the story of Jesus touching and healing a leper struck such a strong chord among people of the time. However, lepers needed to stay in contact with society to beg for alms, to trade items, and offer services such as praying for the souls of benefactors. Leprosy peaked in medieval Europe and then declined, as humans developed resistance to the condition. As a simple public health measure they were not allowed to enter a church, but were expected to follow the Mass, listening through a tiny window such as this, which could be opened for the purpose of handing out the Host. A monk would ring a sanctuary bell when the Host was raised, and also would pass the Host out. St. Cybi's window, inserted in about 1480, is a strange one in the wrong location, as a massive column blocks the direct view of the Chancel. Before that date, there was no church tower, so maybe an earlier window might have occurred immediately behind the present position of the font, which would have an uninterrupted view of the altar.

Thanks to Dr Ken Roberts for help with the text and to Dennis Eaton for the images.

TESCO—St Cybi Restoration Appeal. Another successful Awareness / Collection Day was held in the Tesco foyer, on Saturday, 16th February. We offer our grateful thanks to the store for this opportunity, as well as to our very willing, hard working collectors. Our team of 26 (plus 2 behind the scenes) worked in shifts over eight hours, and collected £692, and handed out 400 leaflets. We are especially grateful to the generous members of the public, for their kind donations. God bless you all!

During Lent the Wed midweek Eucharist will start at 11.0am. Please support immediately afterwards at midday, the Lent Lunches in Eglwys y Bedd on **Ash Wednesday, 6th March** and **Wed 10th April**. Cost £2-50 per person. Excellent value! Everyone welcome!

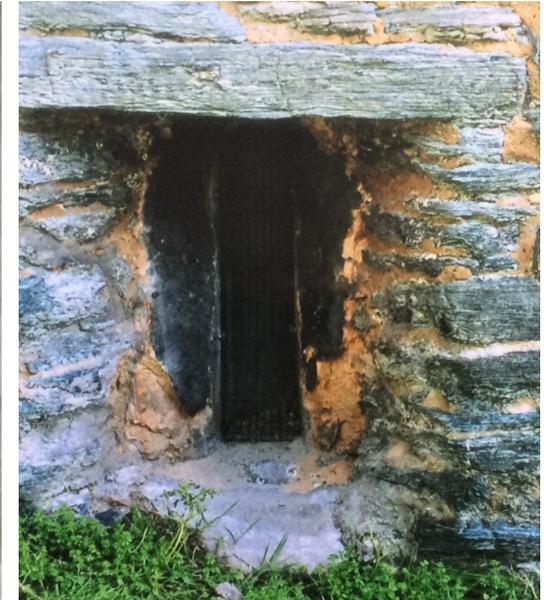
The pessimist sees difficulty in every opportunity.

**BRO CYBI / HOLY ISLAND MINISTRY AREA
Pastoral Care Circle
MARCH 2019**

Vicar: Andy Herrick : 01407 861084

Associate Priests: Jane Bailey : 01407 764780

Neil Ridings: 01407 861663



If you cannot come to church, the church will come to you!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the area.

Please don't feel that you are on your own—we are just a phone call away!

Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf.

For anything to be included in this leaflet, please contact:

Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.

Your prayers for the acutely ill are asked for:

Sunday (in all churches): Geraldine Lee, Gwen, Hannah, Huw, Ian Walker, Derrick, Alan Taylor, Linda Owens, Jo, Mary Harvey, Doreen Peers, Edith Shepherd, James.

Please let us know the name of anyone who needs our prayers. We also pray for those who love and care for them.

Wednesday (St Cybi) Elizabeth Jones, Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Buddug Hems Williams, Annette Williams, Barbara Smith, Dr Ken Roberts, Gwilym Lewis, Huw Thomas, Megan Morgan.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace : 'I am the resurrection and the life'

Lily Bradley, Christine Valerie Parry, Leonard Alan Jones, Lilian Williams (Babs), Lena Williams, Cledwyn Williams, Alan Cooper, Kathleen Hughes (Kath).

Please pray for the families and friends who grieve for their loved ones.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself...

Anniversaries of death:

Mar 03—09: Mark Batty, Olwen Jones, Megan Mills—Williams.

Mar 10-16: Sarah Louise Allcott, Joseph Collins- Jones, Dale Evans, Nicola Brady, Gladys Cunningham.

Mar 17-23: Olga Wright, Stanley Henry Eaton.

Mar 24 -30: Vera Dunn, Agnes Collins—Jones, Nicola Waddington, Stephen Hunt..

Mar 31—Apr 6: Robert Idris LLewelyn.

If you have lost loved ones , and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please. It is very comforting to many people, to read and hear the name remembered.

Thanks for prayers answered: The family of **Baby Bailey** are delighted that he has over time responded well to treatment, as a result of our prayers. Thank you! **David Heath** wishes us all to know that his consultant is delighted with his progress. Thank you so much. **Margaret Thompson** thanks everyone for their prayers. She is recovering well !

Thank you from Carole Hughes: to everyone who prayed for her husband Gareth, while he was so ill. She is also grateful for the support she herself received during that time, and for the help and kindness since he passed away.

Churches Together / Cytun in Holyhead. The recent Charity Shop raised £1,000 to be split between two charities helping the homeless. Thanks to all who donated stock, to the volunteers in the shop and the customers. It was a good opportunity to meet and work with people from different churches and chapels.

Baptism and Wedding booking dates : every Tuesday evening, from 6.30-7.0pm in Eglwys y Bedd (building on left , near gate, in front of St Cybi)

Walsingham Pilgrims Mass 2019 As we look forward to our pilgrimage in July, we celebrate our Pilgrim's Mass on Saturday, 9th March in St. Cybi's Church at 11.30 am, - everyone welcome!

Find us on line: www.holyheadparishchurches.co.uk. **Facebook:** Bro Cybi Ministry Area

Interesting Historical March Dates! On the 2nd, in 1969 Concorde, the Anglo-French supersonic airline took its maiden flight, at twice the speed of sound. On the 5th in 1936, the British fighter plane Spitfire, powered by a Rolls Royce Merlin engine, made its first test flight from Eastleigh, Southampton. On the 8th in 1702, Anne became Queen of Britain (Film—Olivia Colman-The Favourite) after William 3rd died in a riding accident. He was thrown from his horse after it stumbled on a molehill. On the 9th Russian cosmonaut Yuri Gagarin (1934-1968) was born in Gzhatsk, Russia. On April 12, 1961, he became the first human in space, orbiting in a capsule 187 miles above the Earth's surface in a flight lasting 108 minutes. His space flight caused a worldwide sensation and marked the beginning of the space race as the U.S. worked to catch up. On the 10th in 1886, Crufts' Dog Show was held in London for the first time. It had previously been held in Newcastle since 1859. More recently, the venue has changed to the NEC in Birmingham. On the 12th in 1609, the island of Bermuda was colonized by the British after a ship on its way to Virginia was wrecked on the reefs. On the 14th, Albert Einstein (1879-1955) was born in Ulm, Germany. His theory of relativity led to new ways of thinking about time, space, matter and energy. He received a Nobel Prize in 1921. On the 21st in 1556, England's first Protestant Archbishop of Canterbury, Thomas Cranmer was burnt at the stake as a heretic, under the Catholic Queen Mary I, also known as "Bloody Mary". On the 24th, in 1603, the crowns of England and Scotland were united when King James VI of Scotland succeeded to the English throne as James I.

On Tuesday, 19th March, 2019, we will hold a very special **coffee morning** in aid of the **St Cybi Restoration Fund**, by kind permission of **Mrs Morrie Conant**, at her home in **The Tower, Penrhos Estate, Holyhead**. Time—10.30—12.20. Entrance—£4.00, to include coffee / tea and cake. There will be a cake stall, a raffle and tombola. The estate has a fascinating history. During the reign of Edward 6th, in 1553, the headland of Penrhos including the farm originally known as Tudor House, was granted to John ap Owen. This family were the principal land and property owners on Holy Island for over 400 years, until it passed into the Stanley family, when a daughter Margaret Owen married Sir John Thomas Stanley in 1763. Eventually, the home farm was bought by Captain Nigel Conant, Morrie's late husband, who farmed it until 1969, when it was sold to Anglesey Aluminium. Some of the existing Grade 2 buildings , built in the early 1800s remain intact. Everyone welcome!

During the midweek Eucharist on 6th February, the congregation were delighted to be able to join in prayers of gratitude for the fifty years of marriage of Ann and Raymond Worthington. They wish to thank everyone for their good wishes, cards and flowers. May you both be blessed with many more years of good health!

Interesting opportunity within the Pastoral Care Circle Team. As from 1st April 2019, there will be a volunteer vacancy to create, print and distribute paper monthly copies of the PCC, and then to send out electronically to our mailing list. First edition: 1st May 2019. This would suit someone with a basic level of computer literacy. As the PCC underpins our Pastoral Care Team activities, a sympathetic and confidential nature is just as important as total commitment and attention to detail. It might also suit two persons able to work together. Training will be given. For further information please contact: jane.r.bailey3@gmail.com

God doesn't require you to succeed—he only requires you to try!

Date for the Diary : Easter Monday Coffee Morning in St Gwenfaen's Hall, Rhoscolyn. 22 April from 9.30 am—12. 30. Everyone welcome!